



# ACTIVE SHOOTER Safety Tips

## IF YOU ARE INVOLVED IN AN ACTIVE SHOOTER INCIDENT

An active shooter is an individual engaged in attempting to kill people in a confined space or populated area. Active shooters typically use firearms and have no pattern in their selection of victims.

If you see something,  
say something.®



Learn first aid skills so  
you can help others.



Before you run, know the exits.



Help law enforcement.



Find a place to hide.



Seek help to cope with trauma.



Can happen anytime



Can happen anywhere

# RUN

# HIDE

# FIGHT

## Prepare

### Prepare NOW

- If you see suspicious activity, let an authority know right away.
- Become familiar with The School of Medicine (SOM) emergency plans in place to help you respond safely.
- Participate in active shooter drills that are conducted annually.
- Take time to identify two nearby exits. Map out places to hide. In rooms without windows, behind solid doors with locks, under desks, or behind heavy furniture such as large filing cabinets can make good hiding places.

## Survive

### Survive DURING

- **Run** - Getting away from the shooter is the top priority. Leave your things behind and run away. If it is safe to do so, warn others nearby. Call 911 when you are safe. Describe each shooter, their locations, and their weapons.
- **HIDE** - If you cannot escape safely, find a hiding place. Get out of the shooter's view and stay very quiet. Silence your devices. Lock and block doors and turn off the lights. Hide separately to make it more difficult for the shooter. Stay in place until law enforcement says all immediate danger is clear.
- **FIGHT** - When you are in immediate danger, defend yourself. Commit to your actions and act aggressively to stop the shooter. Ambushing the shooter together with makeshift weapons such as chairs, fire extinguishers, scissors, and books can distract and disarm the shooter.

## Be

### Be Safe AFTER

- Keep hands visible and empty
- Know that law enforcement's first task is to end the incident. They may have to pass injured persons along the way.
- Follow law enforcement's instructions and evacuate in the direction they tell you to.
- Consider seeking professional help. UCR offers assistance and resources to cope with the long-term effects of trauma